



Coach/ Trainer Profile Sheet

**Name:** Jose A. Lara

**Contact email:** drjoselara@cox.net

**Contact phone:** 602-430-5008

**Teams Coaching:**

Pro-trainer CCV Stars

CCV Stars 03 Boys Black Assistant coach

CCV Stars 00 Girls Orange Assistant coach

**Coaching Credentials:**

USSF National "D" License

USSF E License

Concussion in Youth Sports training

**Coaching Experience:**

4 years coaching and training Stars 03 Boys teams

Head coach CCV Stars 03 Boys Orange

1 year coaching 03 boys United soccer

1 year coaching 98 boys United soccer

**Playing Experience:**

Youth Elite Soccer clubs, El Salvador C.A.

1981-1983- Pompano Beach High School varsity team, FLA.

Florida State University Men's soccer club

**Education:**

Doctor of Chiropractic degree 1993

National Board of Chiropractic certified

Arizona Board Certified Chiropractic Physician

Gonstead System of Chiropractic Diplomate and Instructor

**Personal:**

Married to Kimberly Lara for 18 years

3 children, Joshua (17), Moriah (14), Daniel (12)

Gonstead Spine Institute P.C. Clinic Director [www.gonsteadspine.com](http://www.gonsteadspine.com)

Chiropractic Physician: Sports Chiropractic and Physiotherapy

Church Elder, Bible teacher (Spanish Calvary Chapel)