



## Coach / Trainer Profile Sheet

**Name:** Rick Garrish

**Contact Information:** [rickgarrish@yahoo.com](mailto:rickgarrish@yahoo.com)

**Cell phone:** (623) 696-7151

**Teams Coaching:** CCV Stars 07 Girls

### **Coaching Credentials:**

USSF National "B" License

NSCAA Youth & Advanced

NFHS Fundamentals of Coaching

National Exercise & Sports Trainers Association (Speed, Agility & Quickness)

### **Coaching Experience:**

2015 – CCV Stars

2015 – 2016 Arizona Christian University (ACU)

2012 – 2015 Scottsdale Blackhawks

2013 – 2014 Arizona Olympic Development Program

2013 – 2014 Mesa Community College

2010 – 2012 Embry Riddle Aeronautical University (ERAU- Prescott)

1998 – 2012 Vardar (MI & AZ)

### **Playing Experience:**

Club – Vardar (MI)

NJCAA – Macomb Community College

### **Education:**

M.Ed. Secondary Education

M.S. Sports Management