



## ABCA Youth Development Academy

### Game Rules

#### **5th/6th Grade**

Basket Height:	10'
Ball Size:	28.5
Game Time:	18-minute halves (running clock)
Clock Stoppage:	Last 1 minute of game (within 10 points)
Halftime:	2 minutes
Fouls:	Team fouls (bonus at 10) Personal fouls (6 fouls)
Free Throws:	2 FTs at 10 team fouls
Timeouts:	2 timeouts total
Overtime:	2 minutes
Double OT:	Sudden death
Personnel:	Every player must play
Defense:	Half-court man to man <ul style="list-style-type: none"><li>• Last 3 minutes of the game: Any defense allowed</li></ul>

#### **7th/8th Grade**

Basket Height:	10'
Ball Size:	29.5
Game Time:	18-minute halves (running clock)
Clock Stoppage:	Last 1 minute of game (within 10 points)
Halftime:	2 minutes
Fouls:	Team fouls (bonus at 10) Personal fouls (6 fouls)
Free Throws:	2 FTs at 10 team fouls
Timeouts:	2 timeouts total
Overtime:	2 minutes
Double OT:	Sudden death
Personnel:	Every player must play
Defense:	Half-court man to man <ul style="list-style-type: none"><li>• Last 3 minutes of the game: Any defense allowed</li></ul>