



STARS Basketball 5-8th Grade
Foundational Division Game Rules

Game Length:	18 minute running clock (Clock stops last min of both halves)
Halftime:	Halftime is 2 minutes
Scoring:	All live shots count as 2 pt shots/ All Free Throws Count as 1pt
Bonus:	Teams Shoot 2 Free Throws at 10 team fouls
Personal Fouls:	Players foul out of the game with 6 personal fouls
Regulation Basketball:	4-5 and 6-8 divisions will use a 28.5 standard
Overtime:	1 minute overtime. If score is still tied then sudden death (first team to score.)
Playoff Seeding Tie-Breaker:	1. Head to Head Winner 2. Coin Flip
Defensive Rules:	Teams must play man to man with no trapping Last two minutes of 2nd half teams can play whatever defense they want including presses, traps, etc.
Playing Time:	Teams will be required to play as equally as possible. Substitutions will happen every 4:30 seconds.
Timeouts:	Each team gets 1 timeout per half